

drinks



Cappuccinno

Regular **R12** large **R17**

Latte

Regular **R12** large **R17**

Americano

Regular **R10** large **R15**

Hot Chocolate (white/brown)

Regular **R10** large **R15**

Red Latte

Regular **R15** large **R19**

Tea rooibos/regular

Regular **R7** large **R12**

Chai Tea

Regular **R15** large **R18**

Fruit Juice of the day R10

Coke, Coke Light, Fanta, Cream Soda

Ice Tea, Mineral Water R9

Appletiser, Grapetiser R10

Strawberry / Chocolate milkshake

Small **R10.50** large **R14.50**

Mixed Berry / Banana Smoothie R15

kiddies corner



Fish fingers and chips R20

Kiddies Pizza R20

Chicken Nuggets and chips R20

Kids Fruit Juice R5

Baby Chinno R2

design by vuga@telkomsa.net

opening times

Tuesday - Friday

07:00 – 17:00

Saturday 08:00 – 14:00

Sunday 11:30 – 14:30

Mondays Closed



Life Cafe

Live the Life

menu



www.life-cafe.co.za

breakfast

Between 07h00 - 11h30

Living the Life Large

2 eggs, ostrich sausage, 2 strips bacon, grilled tomato and rosemary mushrooms with a choice of toast (white, wholewheat or rye).

R35

Omelette

Choose three of the following ingredients: bacon, salami, cheese, mushroom, tomato, chives, onion. Served with a choice of toast (white, wholewheat or rye).

R35

Living the Good Life

2 eggs, 2 strips bacon and grilled tomato with a choice of toast (white, wholewheat or rye).

R25

Breakfast Wrap

Scrambled eggs, bacon, cheese, tomato and spring onion relish with sweet chilli sauce wrapped in a fresh tortilla.

R30

Assorted Muffins

With preserve and cheese.

R15

Health Breakfast Smoothie

Bulgarian yoghurt, mixed fruit and wheat free muesli.

R20

breakfast special

Between 07h00 - 08h00 week days

Living the Good Life

2 eggs, 2 strips bacon and grilled tomato with a choice of toast (white, wholewheat or rye).

R20 with a free coffee

lunch

From 11h30

180g Beef Burger

Grilled in a secret basting sauce topped with caramelised onions on a fresh portuguese roll with rocket and tomato salad - served with sweet potato / regular chips and tzatziki.

R35 / with cheese R40

Cajun Chicken Wrap

Chicken strips pan fried in a blend of cajun spices wrapped in a fresh tortilla with tomato, cucumber and our own tzatziki served with sweet potato / regular chips.

R35

Greek Salad

Calamata olives, danish feta, cucumber tomato, lettuce and onion.

R25

PIZZA SELECTION

Regular **R40 / wheat free R45**

The Sante

Bacon, mozzarella, spinach and Danish Feta.

Princy Pesta

Mozzarella, italian salami, basil pesto, fresh tomato and rocket.

The Vegetarian Greek

Spinach, feta, onion, olives and mushrooms.

TOASTIES

A choice of white, wholewheat or rye. All toasties are served with a small side salad.

Bacon, cheese, tomato **R18**

Salami, cheese, tomato **R18**

Chicken mayonnaise **R18**

Cheese & tomato **R15**

with chips R10 extra

Visit our facebook page

livingthelifecafe for the latest events

